

Cyflwynwyd yr ymateb i ymgynghoriad y [Pwyllgor Iechyd a Gofal Cymdeithasol](#) ar [Cefnogi pobl sydd â chyflyrau cronig](#)

This response was submitted to the [Health and Social Care Committee](#) consultation on [supporting people with chronic conditions](#).

CC05: Ymateb gan: | Response from: Kathryn Tancock

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Hello,

Please accept this as evidence for the consultation on supporting people with chronic condition.

I am 44 and have been suffering with Long Covid for over 3 years - since March 2020.

There needs to be a better understanding of Long Covid - GP's, Physios, Consultants, employers and Occupational Therapists.

There needs to be access to care for people suffering with Long Covid. This needs to be in person, medical care in the first instance with a specialist who understands the condition and can perform basic tests/scans and refer if appropriate.

Telephone/online based services are of limited value in my opinion.

There seems to be a neglected group of people with chronic conditions such as Long Covid, ME, fibromyalgia.

There needs to be specialists dealing with these people who keep up with the latest research and also allows sufferers in Wales to have the best possible care and take part in research.

Many thanks

Kathryn Tancock